Coverage for: Individual/Family | Plan Type: POS



Select Plus (CA)

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, visit <u>www.welcometouhc.com</u> or call 844-636-5296. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at <u>www.healthcare.gov/sbc-glossary</u> or call 844-636-5296 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Network: \$0.00 Individual / \$0.00 Family Non-Network: \$6,000.00 Individual / \$12,000.00 Family per calendar year.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive Care</u> and primary care services with <u>copay</u> are covered before you meet your <u>deductible</u> .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost sharing and before you meet your deductible. See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/
Are there other <u>deductibles</u> for specific services?	No, there are no other <u>deductibles</u> .	You don't have to meet <u>deductibles</u> for specific services, but see the chart starting on page 2 for other costs for services this <u>plan</u> covers.
What is the <u>out-of-</u> <u>pocket limit</u> for this <u>plan</u> ?	For <u>network provider</u> : \$2,500.00 Individual / \$5,000.00 Family For out-of- <u>network providers</u> : \$10,000.00 Individual / \$20,000.00 Family per calendar year	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billing charges, deductibles, health care this plan doesn't cover, penalties for failure to obtain prior authorization for services.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket</u> .

Important Questions	Answers	Why This Matters:
Will you pay less if you use a <u>network</u> <u>provider</u> ?	Yes. See <u>www.myuhc.com</u> or call 844-636-5296 for a list of <u>network providers</u> .	This plan uses a provider network. You will pay less if you use a provider in the plan's network. You will pay the most if you use an out-of-network provider, and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your network provider might use an out-of-network provider for some services (such as lab work). Check with your provider before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All **copayment** and **coinsurance** costs shown in this chart are after your **deductible** has been met, if a **deductible** applies.

		What You	Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you visit a health	Primary care visit to treat an injury or illness	\$15.00 <u>copay</u> /visit	40% <u>coinsurance</u>	Virtual visit – in-network providers have a \$15.00 copay by a Designated Virtual Network Provider. No virtual visit coverage for out of network providers. If you receive services in addition to office visit, additional copays, deductibles, or coinsurance may apply.
care <u>provider's</u> office or clinic	<u>Specialist</u> visit	\$15.00 <u>copay</u> /visit	40% <u>coinsurance</u>	If you receive services in addition to office visit, additional copays, deductibles, or coinsurance may apply.
	Preventive care/screening/immunization	No charge	Not covered	You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	40% <u>coinsurance</u>	Prior Authorization required out of network for Sleep Studies for certain services or \$350.00 penalty applies.

		What You	Will Pay	
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Imaging (CT/PET scans, MRIs)	No charge	40% <u>coinsurance</u>	None
If you need drugs to treat your illness or condition	Generic Drugs (Tier 1)	Retail: \$10.00 <u>copay</u> Mail Order: \$20.00 <u>copay</u>	Retail: \$20.00 <u>copay</u> Mail Order: N/A	Retail up to 30-day supply Mail Order / Maintenance Medications up to 90-day supply
More information about <u>prescription</u> drug coverage is	Preferred brand drugs (Tier 2)	Retail: \$20.00 <u>copay</u> Mail Order: \$40.00 <u>copay</u>	Retail: \$40.00 copay Mail Order: N/A	Retail up to 30-day supply Mail Order / Maintenance Medications up to 90-day supply
available at www.express- scripts.com	vw.express- drugs	Retail: \$30.00 <u>copay</u> Mail Order: \$60.00 <u>copay</u>	Retail: \$60.00 <u>copay</u> Mail Order: N/A	Retail up to 30-day supply Mail Order / Maintenance Medications up to 90-day supply

		What You Will Pay		
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Specialty drugs	Covered at applicable drug tier	Retail: N/A Mail Order: N/A	You may need to obtain certain drugs, including certain specialty drugs, from a pharmacy designated by ESI. Certain drugs may have a preauthorization requirement or may result in a higher cost. If you use a non-network pharmacy, you may be responsible for any amount over the allowed amount. Certain preventive medications (including certain contraceptives) are covered at No Charge. See the website listed for information on drugs covered by your plan. Not all drugs are covered. You may be required to use a lower-cost drug(s) prior to benefits under your policy being available for certain prescribed drugs. If a dispensed drug has a chemically equivalent drug at a lower tier, the cost difference between drugs in addition to any applicable copay and/or coinsurance may be applied. Prescription drug costs are subject to the annual deductible for out of network. Specialty limited up to 30-day supply.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	\$30.00 <u>copay</u> /visit	40% <u>coinsurance</u>	Prior Authorization for out-of-network providers or \$350.00 penalty applies.
	Physician/surgeon fees	No charge	40% <u>coinsurance</u>	None
If you need	Emergency room care	\$100.00 <u>copay</u> /visit	\$100.00 <u>copay</u> /visit	None
immediate medical attention	Emergency medical transportation	\$50.00 <u>copay</u> /visit	\$50.00 <u>copay</u> /visit	None

		What You	ı Will Pay	Limitations, Exceptions, & Other Important Information
Common Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	
	<u>Urgent care</u>	\$30.00 <u>copay</u> /visit	40% <u>coinsurance</u>	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$150.00 <u>copay</u> /visit	40% <u>coinsurance</u>	Prior Authorization required for out-of- network providers or \$350.00 penalty applies.
- •	Physician/surgeon fees	No charge	40% <u>coinsurance</u>	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$15.00 <u>copay</u> /visit	40% <u>coinsurance</u>	Prior Authorization required out-of- network for certain services or \$350.00 penalty applies. Intense Behavioral Therapy (ABA) for network providers: No charge (100% covered to member) and 40% after out-of-network plan deductible.
	Inpatient services	\$150.00 <u>copay</u> /visit	40% <u>coinsurance</u>	Prior Authorization required for out-of- network services, or a \$350.00 penalty applies.
	Office visits	\$15.00 <u>copay</u> /initial visit only	40% <u>coinsurance</u>	Prior Authorization required for out-of- network providers for inpatient stays
	Childbirth/delivery professional services	No charge	40% <u>coinsurance</u>	that exceed 48 hours for natural delivery or 96 hours for cesarean or \$350.00
If you are pregnant	Childbirth/delivery facility services	\$150.00 <u>copay</u> /visit	40% <u>coinsurance</u>	penalty applies. <u>Cost sharing</u> does not apply for <u>preventive services</u> . Depending on the type of service, a <u>copayment</u> , <u>coinsurance</u> or <u>deductible</u> may apply. Maternity care may include tests and services described elsewhere in the SBC. (i.e., ultrasound)

		What You Will Pay		
Common Medical Event	Services You May Need	<u>Network Provider</u> (You will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Home health care	No charge	40% <u>coinsurance</u>	Prior Authorization required for out-of- network Home Health Care for certain services (skilled nursing by RN or LPN) or \$350.00 penalty applies.
	Rehabilitation services	\$15.00 <u>copay</u> /visit	40% <u>coinsurance</u>	Cardiac 36 visits, Pulmonary 20 visits, Occupational, Speech and Physical therapy 60 visits each combined In and out of <u>network</u> . Limits waived with mental health diagnosis.
	<u>Habilitation services</u>	\$15.00 <u>copay</u> /visit	40% <u>coinsurance</u>	None
If you need help recovering or have other special health needs	Skilled nursing care	\$150.00 <u>copay</u> /visit	40% <u>coinsurance</u>	Limited to 60 days combined In and out-of-network per calendar year. Limits waived with mental health diagnosis. Prior Authorization required for out-of-network providers or \$350.00 penalty applies
	Durable medical equipment	\$15.00 <u>copay</u> /device	40% <u>coinsurance</u>	Prior Authorization required out-of- network for DME over \$1,000 per device (Purchase or cumulative rental) or \$350.00 penalty applies. Coverage includes 1 device/unit per type of DME (including repair/replacement) every 3 years.
	Hospice services	No charge	No charge	Prior Authorization required for out-of- network provider before admission for an inpatient stay in a hospice facility or \$350.00 penalty applies.
If your child needs	Children's eye exam	Not covered	Not covered	Child routine vision exam is not covered
dental or eye care	Children's glasses	Not covered	Not covered	Child glasses are not covered

		What You Will Pay		
Common Medical Event	Services You May Need	(Vou will pay the least)	Out-of-Network Provider (You will pay the most)	Limitations, Exceptions, & Other Important Information
	Children's dental check- up	Not covered	Not covered	Child dental check-up is not covered

Excluded Services & Other Covered Services:

Excluded Services & Other Covered Services:			
Services Your <u>Plan</u> Generally Does NOT Cover <u>services</u> .)	(Check your policy or <u>plan</u> document for more in	nformation and a list of any other excluded	
 Adult routine vision exam (i.e. refraction) Cosmetic Surgery Dental Care (Adult) 	 Infertility treatment Long-term care Non-emergency care when traveling outside the U.S. 	Private-duty nursingRoutine foot careWeight loss programs	
Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)			
 Acupuncture – 24 visits per calendar year Bariatric Surgery 	• Chiropractic care (Manipulative Care) – 24 visits	 Hearing aids-\$5,000 every 2 calendar years. 	

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: Department of Labor's Employee Benefits Security Administration at 1-866-444-EBSA (3272) or https://www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov/ or call 1-800-318-2596.

Your <u>Grievance</u> and <u>Appeals Rights</u>: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information on how to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: 844-636-5296 or visit <u>www.welcometouhc.com</u> or the Employee Benefits Security Administration at 1-866-444-3272 or <u>www.dol.gov/ebsa/healthreform</u>.

Does this <u>plan</u> provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 844-636-5296.

Traditional Chinese (中文): 如果需要中文的帮助,请拨打这个号码 844-636-5296.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 844-636-5296.

Pennsylvania Dutch (Deitsch): Fer Hilf griege in Deitsch, ruf 844-636-5296 uff.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 844-636-5296.

Samoan (Gagana Samoa): Mo se fesoasoani i le Gagana Samoa, vala'au mai i le numera telefoni 844-636-5296.

Carolinian (Kapasal Falawasch): ngere aukke ghut alillis reel kapasal Falawasch au fafaingi tilifon ye 844-636-5296.

Chamorro (Chamoru): Para un ma ayuda gi finu Chamoru, a'gang 844-636-5296.

-To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next section.–

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-<u>network</u> pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall	\$0.00
<u>deductible</u>	\$0.00
■ Specialist copayment	\$15.00
■ Hospital (facility)	\$150.00
<u>copayment</u>	\$150.00
■ Other coinsurance	0%

This EXAMPLE event includes services like:

Specialist office visits (pre-natal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would	pay:

<u>Cost Sharing</u>			
<u>Deductibles</u>	\$0.00		
<u>Copayments</u>	\$200.00		
<u>Coinsurance</u>	\$0.00		
What isn't covered			
Limits or exclusions	\$60.00		
The total Peg would pay is	\$260.00		

Managing Joe's type 2 Diabetes

(a year of routine in-<u>network</u> care of a wellcontrolled condition)

■ The <u>plan's</u> overall	00.02
<u>deductible</u>	\$0.00
■ Specialist copayment	\$15.00
■ Hospital (facility)	\$150.00
<u>copayment</u>	φ150.00
■ Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost \$5	,600
In this example, Joe would pay:	

<u>Cost Sharing</u>		
<u>Deductibles</u>	\$0.00	
<u>Copayments</u>	\$800.00	
<u>Coinsurance</u>	\$0.00	
What isn't covered		
Limits or exclusions	\$20.00	
The total Joe would pay is	\$820.00	

Mia's Simple Fracture

(in-<u>network</u> emergency room visit and follow up care)

■ The <u>plan's</u> overall	¢0.00
<u>deductible</u>	\$0.00
■ Specialist copayment	\$15.00
■ Hospital (facility)	\$150.00
<u>copayment</u>	\$150.00
■ Other <u>coinsurance</u>	0%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

\$2.800

Diagnostic test (x-ray)

Total Example Cost

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Gost	Ψ2,000	
In this example, Mia would pay:		
<u>Cost Sharing</u>		
<u>Deductibles</u>	\$0.00	
<u>Copayments</u>	\$400.00	
<u>Coinsurance</u>	\$0.00	
What isn't covered		
Limits or exclusions	\$0.00	
The total Mia would pay is	\$400.00	