TAKE THE OPPORTUNITY TO TAKE CONTROL OF YOUR PRESCRIPTION PLAN



TAKE THINGS ONLINE

Create an account on express-scripts.com or the Express Scripts[®] mobile app.

Manage your prescription plan anytime and anywhere with an online account. It's simple and easy to get started.

- 1. Visit express-scripts.com and select Register OR download the Express Scripts mobile app for free from your phone's app store and select Register
- 2. Enter the requested information, including your member ID or Social Security number, and create your user name and password
- 3. Click or tap Register Now

Once your account is created, you can:



Check your order status



Refill and renew prescriptions



Find your nearest preferred pharmacy



View and print Digital ID cards



Enroll eligible prescriptions in automatic refill



Set reminders to take your medication



Enroll in home delivery



TAKE A SHORTER TRIP TO GET YOUR MEDS

Enroll in home delivery to get your 90-day prescriptions shipped right to your door.

Requesting to get your medications delivered to your home from Express Scripts® Pharmacy is simple and convenient. First, log in to express-scripts.com (if you haven't already registered, make sure to have your member ID or SSN).

If you are enrolling a new prescription...



Contact your doctor and ask them to e-prescribe a 90-day prescription directly to Express Scripts



OR send a request by selecting "Forms" or "Forms & Cards" from the "Benefits" menu, print a mail order form and follow the mailing instructions



OR call us at the Member Services number on your card and we'll contact your doctor for you

If you are enrolling a current prescription...

Transfer retail prescriptions to home delivery by clicking "Add to Cart" for eligible prescriptions and check out. You can also refill and renew prescriptions. We'll contact your doctor and take care of the rest.

Check Order Status to track the shipping of your prescriptions. After we receive your prescription from your doctor, you will receive your medication within 7 days.1



TAKE A BREAK FROM BRAND NAMES

Ask about switching to a generic medication to save money on your prescriptions.

By not looking for the best deal on your prescription drugs, you may end up paying more than you should for your medications.

The easiest—and safest—way to save money on prescriptions is to ask for a generic, which typically costs less because the manufacturer did not have to conduct the initial research or studies that the branded drug did.

Generics fall into two categories:

Direct chemical equivalent – a drug that has the same active ingredient as its brand-name counterpart

Therapeutic alternative – a drug that may not be chemically equivalent to the brand, but has the same therapeutic or treatment effect

Direct chemical equivalents are practically identical to the branded drug, while therapeutic alternatives are part of the same family.

Is there a generic for your medication? You can ask...



Your health care provider. Check with your doctor or nurse if there's a generic for any medication you're prescribed.



Your pharmacist. Before getting a prescription filled, refilled or renewed, ask your pharmacist if there's a generic alternative.



Express Scripts. You can review your prescriptions and specific generics savings opportunities at express-scripts.com.



FDA approved generics must adhere to strict guidelines and are the same as a brand-name medication in dosage, safety, effectiveness. strength, stability and quality.



Watch to learn more about managing your prescription plan online.



Watch to learn just what's so great about home delivery

For additional information on how to take control of your prescription plan or any other questions about your account or coverage, visit express-scripts.com, download the Express Scripts mobile app or call the Member Services number or call the Member Services number on your Digital ID card.





Registering with Express Scripts

Online access to savings and convenience

Manage your medications anywhere, any time with express-scripts.com and the Express Scripts® mobile app

Register now so you can experience:

More savings.

Compare prices of medications at multiple pharmacies. Get free standard shipping¹ from Express Scripts® Pharmacy.

• More convenience.

Get up to 90-day supplies of your long-term medication sent to your home. Order refills, check order status, and track shipments. Print forms and ID cards, if needed.

More confidence.

Talk with a pharmacist from the privacy of your home any time, from anywhere. Find the latest information on your medication, including possible side effects and interactions.

More flexibility.

Download the Express Scripts mobile app to manage your medications, find nearby pharmacies and get directions, and use your virtual ID card while on the go.

Get Started Today!

Registering is safe and simple. Your information is secure and confidential. Please have your member ID number or SSN available.

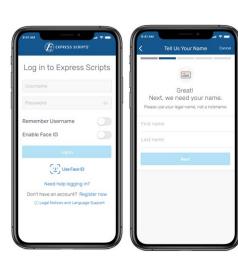
- Go to <u>express-scripts.com</u> and select **Register**, or download the **Express Scripts** mobile app for free from your mobile device's app store and select **Register**.
- Complete the information requested, including personal information and member ID number or Social Security number (SSN). Create your username and password, along with security information in case you ever forget your password.
- Click Register now and you're registered.
- To set preferences,² select Communication Preferences from the menu under Account. Select your preferences and click Save Changes. Preferences can only be selected via the member website.

Members who have **touch or facial ID authentication** on their mobile devices can enable it to log in to their Express Scripts account on the mobile app, if desired.

- 1 Standard shipping costs are included as part of your prescription plan.
- ² Preferences include the option to share your prescription information with other adult members of your household (aged 18+) covered under your prescription plan.
 - All covered adults (aged 18+) in the household need to register separately.
 - When you grant permission to share your prescription information with other registered household members, they can view your information, place orders on your behalf and more.

The Express Scripts mobile app is available for iPhone $^{\circ}$, iPad $^{\circ}$, and Android TM mobile devices.







Getting Started with Home Delivery from Express Scripts® Pharmacy

Online access to savings and convenience

Whether you are viewing the member website or using the Express Scripts[®] mobile app,¹ you can easily manage your home delivery prescriptions:

- Check order status
- Refill and renew prescriptions
- Check prices and coverage
- Find convenient pharmacies
- View your prescription claims and balances
- Pay your balance using a variety of payment options
- View our therapeutic resource centers for information
- And much more





To access the member website ...

Log in at **express-scripts.com** (Register if it is your first visit. Just have your member ID or SSN handy.)

If you have a NEW prescription ...

Get started by contacting your doctor to request a 90-day prescription that he or she can e-prescribe directly to Express Scripts Home Delivery

Or print a form by selecting **Forms** from the menu under **Benefits**, then print a home delivery form and follow the mailing instructions.

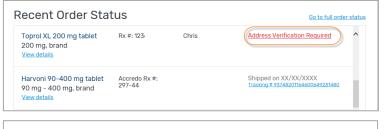
Or call us and we'll contact your doctor for you.

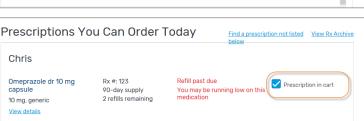
Please allow 10 to 14 days for your first prescription order to be shipped.

If you already have a prescription ...

Check order status online or using our app to view details and track shipping.

Transfer retail prescriptions to home delivery. Just click *Add to Cart* for eligible prescriptions and check out. We'll contact your provider on your behalf and take care of the rest. Check *Order Status* to track your order.





Refill and renew prescriptions for yourself and your family while online or while using our app. Just click **Add to Cart** for eligible prescriptions and check out. We'll contact your provider on your behalf, if renewals are included, and take care of the rest.