



Virtual visits: Connecting to care in the comfort of your home



Using virtual visits, clinicians can evaluate and treat general mental health conditions, such as depression and anxiety. When appropriate, they can prescribe medications.* Treatment is provided by psychiatrists and therapists who are part of the Optum® Behavioral Health network.

Take the first step and register today:

1. Log on to liveandworkwell.com using access code: nutanix. Or click Register to view a personalized version of the site.
2. Under the **“Find Care”** tab, click on provider directory and change location.
3. Search for **“virtual visits”** in the search bar. Or search the type of support you need and use the **“Virtual Visits”** filter on the results page.

Quality care when and where you need it



8,500 providers



Confidential



Virtual visits

24/7 availability | Confidential | No cost to you

* As per state telehealth rules and regulations.

This program should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. This program is not a substitute for a doctor's or professional's care. Due to the potential for a conflict of interest, legal consultation will not be provided on issues that may involve legal action against Optum or its affiliates, or any entity through which the caller is receiving these services directly or indirectly (e.g., employer or health plan). This program and its components may not be available in all states or for all group sizes and is subject to change. Coverage exclusions and limitations may apply. Stock photo used.

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